



PARENTS' PLACE NEWSLETTER

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PARENTS' PLACE

Family Resource &
Empowerment Center

WORKING TOGETHER BY SONA BAGHDASSARIAN, DIRECTOR

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FLYERS ENCLOSED IN THIS NEWSLETTER

- Calendar of Events
- Birth to Three Seminar

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Parents' Place celebrated our 17th year of holding our Information Fair and Festival at Cortez Park. It was an incredible sight to see all the families and professionals talking, laughing, and working side by side. We welcomed approximately 2700 people, which was a wonderful increase from the previous year. We have been very fortunate to have so many people and organizations who believe in what we do, and who continually support us. Special thanks to all those who work in the background and the volunteers who give their time so generously (see our Info Fair Thanks flyer starting on Page 7). This event would not be the success it is without you!

On September 26th, we will be celebrating another milestone for Parents Place...the 20th anniversary of our Birth to Three Disabilities/Possibilities Seminar. Our subject will be "Moving & Talking!... Activities for Learning." The first speaker will be talking about Speech and Language and the second on Music & Movement.

As we get ready for the 2nd half of the year, we are closely paying attention to the changes that are being proposed from the State legislators. Our concern is that the pendulum is about to swing again. Unfortunately, it is swinging

heavily to the extreme side. We all need to tighten our seatbelts and get ready for the ride of our lives. More than ever, as a parent and caretaker of our children, we need to be aware of all our children's needs. More than ever, we as a parent and caretaker, need to be aware of the supports and resources that are available in the community as well as the specialized services that are available for our children. More than ever, we need to communicate and educate our Legislators on how this will affect our children and the future generation of adults.

Using the old saying "In the Middle of Difficulty Lies Opportunity," we must look for that opportunity to be creative, flexible, and most importantly, do what is in the best interest of our children.

On the positive side of preparation for the future, Parents' Place has scheduled several upcoming trainings to help you along the way. We have also added over 250 new books, DVD's and auditory CD's to our library. We encourage everyone to take advantage of the resources we have available to guide you through your unique journey. Our lending library is available to all, parents as well as professionals.

TRABAJANDO JUNTOS

por Sona E. Baghdassarian, Directora

El Lugar de los Padres celebró nuestra 17a Feria y Festival Informativa en el Parque Cortez. Fue una vista maravillosa al mirar todos los padres y profesionales hablando, jugando, y trabajando juntos. Le dimos la bienvenida a aproximadamente 2700 personas, lo que fue un incremento maravilloso del año anterior. Hemos sido muy afortunados de tener un gran número de personas y organizaciones que creen en lo que hacemos y continúan dando su apoyo. Damos gracias especialmente a todos aquellos que trabajan en la sombra y a los voluntarios que nos regalan su tiempo generosamente (mire nuestro volante en la página 7 de esta carta). Este evento no hubiera sido un éxito sin la ayuda de todos ustedes.

En Septiembre 26, estaremos celebrando otra etapa de el Lugar de los Padres... el 20vo Aniversario de nuestro seminario de Discapacidades/ Posibilidades de cero a los tres años. Nuestros temas serán “Moviéndose y Hablando! Actividades para Aprender.” El primer orador hablará del desarrollo del habla y lenguaje y el Segundo orador hablará acerca de Musica y Movimiento.

De manera que nos preparamos para la segunda mitad del año, estamos poniendo atención a los cambios propuestos por los legisladores estatales. Nuestra preocupación es que el péndulo va a moverse una vez más. Desafortunadamente, se esta moviendo pesadamente al lado extremo. Todos necesitamos asegurarnos los cinturones y estar preparados para el viaje de nuestras vidas. Más que nunca, como padres y proveedores de cuidado de nuestros niños, necesitamos tener conocimiento de los

apoyos y recursos que hay disponibles en la comunidad, así como los servicios especializados que hay disponibles para nuestros niños. Ahora más que nunca, necesitamos comunicarnos y educar a nuestros legisladores en cómo todo esto afectará a nuestros niños y el futuro de generaciones adultas.

Usando el viejo refrán: “En medio de la dificultad, yace la oportunidad”. Debemos buscar la oportunidad para ser creativos, flexibles, y lo más importante, hacer lo que es de mayor interés para nuestros niños.

En el lado positivo de preparación para el futuro, El Lugar de Los Padres ha programado varios entrenamientos para ayudarles a lo largo del camino. También hemos agregado más de 250 libros, videos y discos compactos de audio a nuestra librería. Los invitamos a que tomen ventaja de todos los recursos que tenemos disponibles para guiarlos hacia una aventura única. Nuestra librería circulante esta disponible para todos, padres y también profesionales.



PREPARING FOR DISASTER FOR PEOPLE WITH DISABILITIES AND OTHER SPECIAL NEEDS

(Excerpts from a Federal Emergency Management booklet)

For the millions of Americans who have physical, medical, sensory or cognitive disabilities, emergencies such as fires, floods and acts of terrorism present a real challenge. The same challenge also applies to the elderly and other special needs populations. Protecting yourself and your family when disaster strikes requires planning ahead. This booklet will help you get started. Discuss these ideas with your family, friends and/or your personal care attendant, or anyone else in your support network and prepare an emergency plan. Post the plan where everyone will see it, keep a copy with you and make sure everyone involved in your plan has a copy.

WHY PREPARE?

Where will you, your family, your friends or personal care attendants be when an emergency or disaster strikes?

You, and those you care about, could be anywhere - at home, work, school or in transit. How will you find each other? Will you know your loved ones will be safe?

Emergencies and disasters can strike quickly and without warning and can force you to evacuate your neighborhood or confine you to your home. What would you do if basic services - water, gas, electricity or telephones - were cut off?

Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone right away.

You are in the best position to plan for your own safety as you are best able to know your functional abilities and possible needs during and after an emergency or disaster situation. You can cope with disaster by preparing in advance with your family and care attendants. You will need to create a personal support network and complete a personal assessment.

You will also need to follow the four preparedness steps listed in this booklet.

1. Get informed
2. Make a plan
3. Assemble a kit
4. Maintain your plan and kit

Knowing what to do is your best protection and your responsibility.

WHAT YOU NEED TO DO

Create a Person Support Network

A personal support network (sometimes called a self-help team) can help you prepare for a disaster. They can do this by helping you identify and get the resources you need to cope effectively. Network members can also assist you after a disaster happens.

Organize a network that includes your home, school, workplace, volunteer site, and any other places where you spend a lot of time. Members of your network can be roommates, relatives, neighbors, friends, and co-workers. They should be people you trust and who can check to see if you need assistance. They should know your capabilities and needs, and be able to provide help within minutes.

Do not depend on only one person. Include a minimum of three people in your network for each location where you regularly spend a lot of time since people work different shifts, take vacations and are not always available

Complete a Personal Assessment

Decide what you will be able to do for yourself and what assistance you may need before, during and after a disaster. This will be based on the environment after the disaster, your capabilities and your limitations.

To complete a personal assessment, make a list of your personal needs and your resources for meeting them in a disaster environment. Think about the following questions and note your answers in writing or record them on a tape cassette that you will share with your network. These answers should describe both your current capabilities and the assistance you will need. Base your plan on your lowest anticipated level of functioning.

Daily Living

* Personal Care

Do you regularly need assistance with personal care, such as bathing and grooming? Do you use adaptive

equipment to help you get dressed?

* Water Service

What will you do if water service is cut off for several days or if you are unable to heat water?

* Personal Care Equipment

Do you use a shower chair, tub-transfer bench or other similar equipment?

* Adaptive Feeding Devices

Do you use special utensils that help you prepare or eat food independently?

* Electricity-Dependent Equipment

How will you continue to use equipment that runs on electricity, such as dialysis, electrical lifts, etc.? Do you have a safe back-up power supply and how long will it last?

Getting Around

* Disaster Debris

How will you cope with the debris in your home or along your planned exit route following the disaster?

* Transportation

Do you need a specially equipped vehicle or accessible transportation?

* Errands

Do you need help to get groceries, medications and medical supplies? What if your caregiver cannot reach you because roads are blocked or the disaster has affected him or her as well?

Evacuating

* Building Evacuation

Do you need help to leave your home or office? Can you reach and activate an alarm? Will you be able to evacuate independently without relying on auditory cues (such as noise from a machine near the stairs - these cues may be absent if the electricity is off or alarms are sounding)?

* Building Exits

Are there other exits (stairs, windows or ramps) if the elevator is not working or cannot be used? Can you read emergency signs in print or

PREPARING FOR DISASTER FOR PEOPLE WITH DISABILITIES AND OTHER SPECIAL NEEDS (continued)

Braille? Do emergency alarms have audible and visible features (marking escape routes and exits) that will work even if electrical service is disrupted?

* Getting Help

How will you call or summon for the help you will need to leave the building? Do you know the locations of text telephones and phones that have amplification? Will your hearing aids work if they get wet from emergency sprinklers? Have you determined how to communicate with emergency personnel if you don't have an interpreter, your hearing aids aren't working, or if you don't have a word board or other augmentative communication device?

* Mobility Aids / Ramp Access

What will you do if you cannot find your mobility aids? What will you do if your ramps are shaken loose or become separated from the building?

* Service Animals/Pets

Will you be able to care for your animal (provide food, shelter, veterinary attention, etc.) during and after a disaster? Do you have another caregiver for your animal if you are unable to meet its needs? Do you have the appropriate licenses for your service animal so you will be permitted to keep it with you should you need or choose to use an emergency public shelter?

GET INFORMED

Contact your local emergency management office or American Red Cross Chapter to gather information you will need to create a plan.

• Community Hazards.

Ask about the specific hazards that threaten your community (e.g. hurricanes, tornados, earthquakes) and about your risk from those hazards.

• Community Disaster Plans.

Learn about community response plans, evacuation plans and designated emergency shelters. Ask about the emergency plans and procedures that exist in places you and your family spend time such as places of

employment, schools and child care centers. If you do not own a vehicle or drive, find out in advance what your community's plans are for evacuating those without private transportation.

• Community Warning Systems.

Find out how local authorities will warn you of a pending disaster and how they will provide information to you during and after a disaster. Learn about NOAA Weather Radio and its alerting capabilities (www.noaa.gov).

• Assistance Programs.

Ask about special assistance programs available in the event of an emergency. Many communities ask people with a disability to register, usually with the local fire or police department, or the local emergency management office so needed help can be provided quickly in an emergency. Let your personal care attendant know you have registered, and with whom. If you are electric-dependent, be sure to register with your local utility company.

MAKE A PLAN

Because a disaster can disrupt your primary emergency plan, it is also important for you to develop a back-up plan to ensure your safety.

* Meet with Your Family/Personal Care Attendants/Building Manager. Review the information you gathered about community hazards and emergency plans.

* Choose an "Out-of-Town" Contact. Ask an out-of-town friend or relative to be your contact. Following a disaster, family members should call this person and tell them where they are. Everyone must know the contact's phone numbers. After a disaster, it is often easier to make a long distance call than a local call from a disaster area.

* Decide Where to Meet. In the event of an emergency, you may become separated from household members. Choose a place right outside your home in case of a sudden emergency, like a fire. Choose a location outside your neighborhood in case you can't return

home.

* Complete a Communications Plan. Your plan should include contact information for family members, members of your support network, caregivers, work, and school. Your plan should also include information for your out-of-town contact, meeting locations, emergency services, and the National Poison Control Center (1-800-222-1222). A form for recording this information can be found at www.ready.gov - or at www.redcross.org/contactcard. These websites also provide blank wallet cards on which contact information can be recorded and carried in a wallet, purse, backpack, etc. for quick reference. Teach your children how to call the emergency phone numbers and when it is appropriate to do so. Be sure each family member has a copy of your communication plan and post it near your telephone for use in an emergency.

* Escape Routes and Safe Places.

In a fire or other emergency, you may need to evacuate on a moment's notice. Be ready to get out fast. Be sure everyone in your family knows the best escape routes out of your home as well as where the safe places are in your home.

LEARN MORE

The Federal Emergency Management Agency's Community and Family Preparedness Program and American Red Cross Community Disaster Education are nationwide efforts to help people prepare for disasters of all types.

For more information, please contact your local emergency management office or American Red Cross chapter. This booklet and the preparedness materials are online at www.fema.gov and www.redcross.org. Other preparedness materials are available at these sites, as well as at www.ready.gov.

These publications are also available by calling FEMA at 1-800-480-2520, or writing: FEMA P.O. Box 2012, Jessup, MD 20794-2012

PREPARACIÓN PARA CASOS DE DESASTRE PARA PERSONAS CON DISCAPACIDAD Y OTRAS NECESIDADES ESPECIALES

(Excerpts from a Federal Emergency Management Agency booklet)

Para los millones de personas de los Estados Unidos que tienen alguna discapacidad física, médica, sensorial o cognitiva, las emergencias tales como incendios, inundaciones y actos de terrorismo constituyen un verdadero reto. Lo mismo sucede con las personas de edad avanzada y otra gente con necesidades especiales. Protegerse a sí mismo y proteger a su familia cuando ocurre un desastre exige planificar con anticipación. Este folleto le ayudará a comenzar. Converse sobre estas ideas con su familia, sus amigos y las personas que lo cuidan, o cualquier otro integrante de su red de apoyo, y prepare un plan para casos de emergencia. Coloque el plan donde todos puedan verlo, guarde un ejemplar y asegúrese de que todas las personas que participan en el plan tengan una copia.

¿POR QUÉ PREPARARSE?

¿Dónde estarán usted, su familia, sus amigos o las personas que lo cuidan cuando haya una emergencia o una catástrofe?

Usted y sus seres queridos podrían estar en cualquier lugar: en su casa, en el trabajo, en la escuela o en un vehículo. ¿Cómo harán para encontrarse? ¿Cómo sabrá si sus seres queridos están a salvo?

Una catástrofe puede ocurrir de repente y sin aviso. Tal vez lo obligue a desalojar la zona donde vive o a quedarse encerrado en su casa. ¿Qué haría usted si se quedase sin servicios básicos como el agua, el gas, la electricidad o los teléfonos?

Los funcionarios locales y socorristas acudirán al rescate después de un desastre, pero no podrán llegar a todas las personas de inmediato. Usted es la persona más apropiada para planificar por su propia seguridad porque es quien mejor sabe lo que puede o no hacer y lo que podría llegar a necesitar durante y después de una emergencia. Haga frente a una catástrofe preparándose de antemano con su familia y las personas que lo cuidan. Tendrá que crear una red de apoyo y hacer una evaluación personal.

También deberá seguir cuatro pasos para prepararse:

1. Infórmese.
2. Haga un plan.
3. Prepare un equipo de suministros.
4. Mantenga su plan.

Saber qué hacer es la mejor forma de protegerse; además, es su responsabilidad.

¿QUÉ DEBE HACER?

Organice Una Red de Apoyo Personal

Una red de apoyo personal (o "grupo de autoayuda") podría servirle para prepararse en caso de desastre. Las personas que la integran pueden hacer esto ayudándole a identificar y conseguir los recursos que usted necesita para hacer frente a la situación de manera eficaz. Los miembros de la red también pueden brindarle asistencia después de que ocurre una catástrofe.

Tenga en cuenta los siguientes lugares al armar su red: su casa, su lugar de trabajo, el sitio donde trabaja como voluntario, y cualquier otro lugar en el que se quede por períodos prolongados. Su red podría estar integrada por personas con las que vive, familiares, vecinos, amigos y colegas de trabajo. Deben ser personas de su confianza que puedan verificar si usted necesita ayuda. Es importante que conozcan bien sus capacidades y necesidades, y que puedan ayudarlo en cuestión de minutos.

No dependa de una sola persona. Incluya como mínimo a tres personas en su red para cada lugar que frecuente por períodos prolongados, dado que la gente trabaja en diferentes turnos, sale de vacaciones y no siempre está disponible.

Haga Una Evaluación Personal

Decida qué podrá hacer por su cuenta y para qué necesitaría ayuda antes, durante y después de una catástrofe. Esto dependerá de la situación después de la catástrofe, de sus capacidades y limitaciones.

Para hacer una evaluación personal, prepare una lista de sus necesidades personales y sus recursos para atenderlas en caso de desastre. Piense en las siguientes preguntas y anote sus respuestas por escrito o grábelas en una cinta de audio que luego compartirá con su red. Estas respuestas deben describir tanto sus capacidades actuales como la asistencia

que necesitará. Planifique previendo su nivel de funcionamiento más bajo.

Vida Cotidiana

- * Cuidado personal ¿Necesita ayuda para la higiene personal, como por ejemplo para bañarse o arreglarse? ¿Utiliza aparatos de adaptación para vestirse?
- * Servicio de Agua: ¿Qué hará si el servicio de agua se interrumpe por varios días o si no puede calentar agua?
 - . *Equipo para el cuidado personal: ¿Utiliza una silla para ducharse, una banqueta para entrar o salir de la bañera u otro artefacto similar?
 - . * Instrumentos especiales para la alimentación: ¿Utiliza utensilios especiales para preparar o ingerir sus alimentos de forma independiente?
 - . * Equipos que dependen de la electricidad: ¿Cómo continuará utilizando equipos que funcionan con electricidad, tales como aparatos para diálisis, elevadores eléctricos, etc.?
 - ¿Cuenta con una fuente auxiliar de energía eléctrica confiable? ¿Cuánto durará?

Fuera de su Casa

- . * Escombros producidos por la catastrophe: ¿Qué hará al encontrar escombros en su casa o en la ruta de evacuación planificada para después del desastre?
- . * Transporte: ¿Necesita equipo especial o transporte accesible?
- . * Recados: ¿Necesita ayuda para conseguir artículos comestibles, medicamentos y suministros médicos? ¿Qué ocurriría si la persona que cuida de usted no puede llegar hasta donde se encuentra porque los caminos están bloqueados o porque también tuvo problemas por el desastre?

Evacuación

- . * Evacuación de edificios: ¿Necesita ayuda para salir de su casa u oficina? ¿Es capaz de llegar hasta una alarma y activarla? ¿Podrá desalojar el edificio en forma independiente sin indicadores o señales de sonido, como por ejemplo el sonido que ayuda a ubicar las escaleras? (Es posible que estas señales no funcionen si no hay electricidad o si suenan las alarmas.)

PREPARACIÓN PARA CASOS DE DESASTRE PARA PERSONAS CON DISCAPACIDAD Y OTRAS NECESIDADES ESPECIALES (continuación)

Pedidos de Ayuda

* ¿Cómo pedirá o llamará para solicitar la ayuda que va a necesitar para abandonar el edificio? ¿Conoce el lugar donde se encuentran los teléfonos de texto y teléfonos con amplificación? ¿Funcionarán sus aparatos de audición si en una emergencia se humedecen a causa de los rociadores automáticos de agua? ¿Ha previsto cómo comunicarse con el personal de emergencias si no tiene un intérprete, si sus aparatos de audición no funcionan, o si no cuenta con un tablero de comunicación u otros aparatos o paneles de comunicación?

* Dispositivos de ayuda para movilizarse y el acceso por rampas: ¿Qué hará si no encuentra sus dispositivos de ayuda para movilizarse? ¿Qué hará si las rampas se sueltan o se separan del edificio?

* Animales que prestan servicio a personas con discapacidad y mascotas ¿Podrá usted cuidar de su animal (brindarle alimento, refugio, atención veterinaria, etc.) durante y después de un desastre?

INFÓRMESE

Comuníquese con la oficina de gestión de emergencias de su localidad o la Cruz Roja local a fin de reunir la información que necesita para preparar su plan.

* Peligros para la comunidad. Averigüe cuáles son los peligros específicos que amenazan a su comunidad (por ejemplo huracanes, tornados, terremotos) y acerca de su propio riesgo ante estos peligros. Además, puede obtener información sobre peligros en su zona en el sitio Web www.hazardmaps.gov.

* Planes para la comunidad en casos de desastre. Conozca los planes de respuesta de la comunidad, los planes de evacuación de la zona y los refugios destinados a casos de emergencia. Pregunte acerca de los planes y procedimientos de emergencia vigentes en los sitios donde usted y su familia se encuentran habitualmente, como lugares de trabajo, escuelas y guarderías o centros de cuidado infantil. Si no conduce o no tiene un vehículo, averigüe con tiempo cuáles son los planes de su comunidad para

desalojar a quienes no poseen transporte propio.

* Sistemas de aviso a la comunidad. Averigüe cómo le avisarán las autoridades locales acerca de una catástrofe inminente y el modo en que le comunicarán información durante y después de un desastre. Pregunte acerca de la radio meteorológica de la Oficina Nacional de Administración Oceánica y Atmosférica (NOAA) y sus funciones de alerta (www.noaa.gov).

* Programas de asistencia. Entérese de los programas de asistencia especial disponibles en caso de emergencia. Muchas comunidades piden que las personas con discapacidad se registren, por lo general en el departamento local de bomberos o de policía, o en la oficina local de gestión de emergencias, para brindarles ayuda inmediata ante una catástrofe. Dígales a las personas que lo cuidan que se ha registrado y dónde. Si usted depende de la electricidad, asegúrese de inscribirse también en la compañía de servicios públicos de su localidad.

HAGA UN PLAN

En una catástrofe, es posible que su plan original para casos de emergencia no funcione. Por lo tanto, es importante que prepare un plan alternativo para garantizar su seguridad.

* Reúnase con su familia, las personas que lo cuidan, y el administrador del edificio. Repase la información que haya obtenido sobre los peligros de su comunidad y los planes de emergencia.

* Escoja una persona de contacto fuera de la ciudad. Pídale a un amigo o familiar que viva fuera de la ciudad que sea su persona de contacto. Después de un desastre, los miembros de la familia deberán llamar a esta persona para decirle dónde se encuentran. Todos deben saber los números de teléfono del contacto. Después de una catástrofe, a menudo es más fácil hacer una llamada de larga distancia que una llamada local desde la zona afectada por el desastre.

* Decida dónde van a reunirse. En una emergencia, es posible que se separe de las personas que viven en su casa. Escoja un lugar fuera de su vivienda en caso de una emergencia súbita, como un incendio. Elija un lugar fuera de su vecindario por si no puede regresar a su hogar.

* Elabore un plan de comunicación. Su plan debe incluir la información de contacto de los miembros de la familia, los integrantes de su red de apoyo, las personas que cuidan de usted y los suyos, el lugar de trabajo y la escuela. También debe incluir los datos para comunicarse con la persona de contacto fuera de la ciudad, lugares de encuentro, servicios de emergencia y el Centro Nacional de Control de Envenenamiento (NPCC, 1-800-222-1222). Encontrará un formulario para registrar estos datos en www.ready.gov o en www.redcross.org/contactcard. Estos sitios Web incluyen tarjetas en blanco en las que podrá anotar la información de contacto para llevar en la billetera, cartera, mochila, etc. Enseñe a sus hijos cómo y cuándo llamar a los números de emergencia. Asegúrese de que cada miembro de su familia tenga una copia de su plan de comunicación y colóquelo cerca del teléfono para su uso en una emergencia.

* Rutas de escape y lugares seguros. En un incendio u otra emergencia, tal vez necesite desalojar el lugar apenas se lo indiquen. Salga de inmediato. Asegúrese de que todos los miembros de su familia conozcan las mejores rutas de escape de su vivienda y cuáles son los lugares seguros de la casa. Para obtener más información El Programa de Preparación Comunitaria y Familiar de la Agencia Federal para el Manejo de Emergencias (FEMA) y el Programa de Educación Comunitaria sobre Desastres de la Cruz Roja Americana son iniciativas nacionales que ayudan a las personas a prepararse para todo tipo de desastres.

* Si desea obtener más información, por favor, comuníquese con la oficina de gestión de emergencias de su localidad o con la oficina local de la Cruz Roja Americana. Además de otros materiales de preparación, este folleto y las publicaciones que se mencionan a continuación se encuentran disponibles en www.fema.gov y www.redcross.org. También hallará las publicaciones en www.ready.gov.

Para solicitar estas publicaciones por correo, llame a FEMA al (800) 480-2520, o escriba a: FEMA, P.O. Box 2012, Jessup, MD 20794-2012.

2009 INFORMATION FAIR & FESTIVAL



Our 2009 Information Fair & Festival was a tremendous success this year! We received so many favorable comments from the evaluations— “It was great and very fun for children and adults.” — “I would recommend this to all parents with special needs children.”—“I actually look forward to coming every year. It’s a place for us, the parents, to get together.” — “Always enjoy the fair very much; it’s fun for my special needs child.” — “Two thumbs up!”— “It was well organized and great information.” We welcomed approximately 2,700 attendees and received awards from Senator Gloria Romero and City of West Covina. Visiting us were Brian Mejia from Supervisor Michael Antonovich’s office, Ed Hernandez, Assemblyman-57th District, Louie Lujan, Mayor of La Puente and Ruri Pierre, City of Whittier. And as always...we’d like to give special thanks and recognize all the many volunteers and contributors that helped to make this year’s Fair an outstanding event.

SPECIAL RECOGNITION TO OUR CONTRIBUTORS , ENTERTAINERS & VOLUNTEER GROUPS

If we missed any of you on this list, please accept our apology
And know that we really appreciate everything you do to make this a successful event!

\$1000 or More

Civitan Club of Arcadia/El Monte
Lions Club of West Covina

\$500 - \$999

GOH Foundation

\$250 to \$499

Rotary Club of El Monte/So. El Monte
San Gabriel/Pomona Valleys Foundation
for the Developmentally Disabled, Inc.

\$100 to \$250

Dynamic Therapies, Inc.
Familias First
Futuro Infantil
Independent Living Center
SEEK Education

\$25 to \$99

Advance Infant Development
Albertson’s—Covina & West Covina
Blue Shield of California
CBC Education, Inc.
City of La Verne
Costco—City of Industry
Esperanza Services, Inc.
First Church of the Nazarene
Prudential Insurance Services
Smart & Final
Starbucks—Baldwin Park & Covina
Step-by-Step Pediatric Therapy
Walmart—Covina

In-Kind Product/ Equipment & Service Donations

Bethel 353—Snow Cone Machine & Service
Christ Lutheran Church—Parking Lot Use
Covina Masonic Lodge—Child I.D. Program
Dave Sano—Bottled Water
Doubleplay—DJ Equipment & Service
Explorer Scouts—Parking Lot Attendants
Future America—Sound Equipment
Hector Gonzales—2-1/2 Gallon Water Jugs
& Paper Goods
In-N-Out Burgers—1000 Lunch Trays
Islands Restaurants—300 Lunch Trays
Jarritos—Mineral Water & Sodas
Kaiser Permanente—Nurses Station
Long’s Drug Store—Candy for Goody Bags
Macondo Ice—50-40 lb. Ice Bags
Manny’s El Loco—Lunch boxes
Marie Callender’s—Lunch boxes
U-Haul-Covina—Special Pricing on Truck
Rental
Upper San Gabriel Valley Water Company-
40 cases of bottled water
City of West Covina —Park & Fire

Our Entertainers for the Day

Charter Oak Gymnastics
City of La Verne Gymnasts
Delhaven Community Dancers
Future America
Possibilities Unlimited—Karate
Shriners Clowns

And All of our Wonderful Volunteers

Alba Dunn—Regional Center
Amber & Eugene Powell
Arcadia/El Monte Civitans
Arroyo High School
Audrey Travis—Travis & Brown
Baldwin Park High School Key Club
Beverly Brown—Travis & Brown
Cerritos Community College Students
Covina High School — California
Scholarship Federation
Easter Seals
Homenetmen, Araz Chapter
Kaiser Permanente Volunteers
Los Osos High School National Honor
Society
Lourdes Zarate—Food Service Area
Phi Lota Alpha Fraternity & Friends
Rachel & Jenna Janadi
Rio Hondo Community College Students
Russ Nielsen—Snack Machines
Santana Continuation High School
Shriners Clowns
St. Devis Confirmation Class
St Lucy’s High School Kiwin’s Club
Taiwanese American Professionals
University of La Verne G.I.V.E. Program
University of La Verne—International
Student Organization
UPS
Walnut High School Interact Club
Walnut High School Key Club
Wells Fargo Bank

IT'S IMPOSSIBLE TO EXTEND A PERSONAL THANK YOU TO EVERYONE WHO HELPED TO MAKE THIS YEAR'S FAIR A TERRIFIC EVENT, BUT HERE IS A LIST OF SOME OF OUR "BEHIND-THE- SCENES" HELPERS

Our Board Members

Camie Poulos
 Karen Nutt
 Mary Holland
 Nancy Gibson
 Pamela Driscoll

Our Dedicated Staff

Cindy Cheng	Rachel Atencio
Elena Sanchez	Sona Baghdassarian
Judi Kyne	Virginia Figueroa
Lynne Powell	Wendy Johansen
Maria Sandoval	

AND FOR ALL THOSE PEOPLE WHO PARTICIPATED AT THEIR INFORMATION TABLES, OUR SINCERE GRATITUDE FOR A JOB WELL DONE

<p>Advance Infant Development Almansor Center, The Applied Behavior Consultants, Inc. Armenian Students Assoc. Western Univ. Autism Society of America-SGV Azusa USD-Visually Impaired Program Baldwin Park Early Head Start/Head Start Bienvenidos FFA Blue Shield of California Calif. Pediatric & Family Services California Telephone Access Program Casa Colina Children's Services/ Outdoor Adventures/ASAP CBC Education, Inc. Center for the Partially Sighted Charter Oak Gymnastics Children's Medical Services Civitans of Arcadia/El Monte Covina Development Center Covina Masonic Lodge #334, Child ID Creative Home Programs Disability Rights California Dynamic Therapies, Inc. Eggleston Family Services Esperanza Services Familias First Family Resource Center Fiesta Educativa First Church of the Nazarene (Paz Naz) Five Acres</p>	<p>Foothill Family Services Fragile X Assoc. of Southern California Futuro Infantil Hispano, FFA GOH Foundation Hacienda/La Puente USD Head Start Health Net Holy Family Services Housing Rights Center Inclusion Infusion Infant Family Services Junior Blind of America Justin Sherman & Associates Kaiser Permanente-Baldwin Park KIDS (Krivan Infant Development Serv.) King Drew Community Health Plan & Healthy Families L.A. Feat La Verne, City of Law Offices of Christopher A. Poulos Life Steps Foundation Los Angeles Learning Disabilities Assoc Medi-Cal Outreach-Dist. 16, East Medi-Cal Outreach Dist. 42-West National Kidney Foundation of So. Cal. Neighborhood Legal Services Neurofeedback Centers for Success Options Child Care & Human Services Agency, Baldwin Park Options Head Start—El Monte Options Child Development Center - Covina</p>	<p>Pediatric Care Services Plaza de la Raza Head Start, Inc. Parents' Place Family Resource Center Pomona USD Child Development Pomona USD Resource & Referral Pomona Valley Workshop Possibilities Unlimited Prader-Willi Foundation-California Project Sister Prudential Financial Rosemary Children's Services San Gabriel Consortium Foster/Kinship Care Education, Citrus College San Gabriel/Pomona Regional Center SEEK Education, Inc. Services Center for Independent Living Shriners Hospital for Children Smarts 4 U Southern California Edison Company Step-by-Step Pediatric Therapy, Inc. T.A.S.K. Total Programs Tzu Chi Foundation United Care Foster Family Agency University of La Verne (GIVE) Up for Down Valley Light Industries Woodsmall Law Group YWCA-San Gabriel - WINGS</p>
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**MARK YOUR CALENDAR NOW!
 18th ANNUAL INFORMATION FAIR & FESTIVAL
 SUNDAY, APRIL 25, 2010**



DISABILITY LINKS, ASSISTIVE TECHNOLOGY, MISCELLEANEOUS WEBSITES, DEAFNESS & VISION

Disability Links

Dolphin Therapy
<http://islanddolphincare.org/nonflash/5-day.htm>
 Hyperlexia:
<http://www.hyperlexia.org/>
 Independent Living Research
<http://www.getriil.org>
 Mental Health
<http://www.mhnet.com>
 Parents Helping Parents
<http://www.php.com/>
 Tourette Syndrome Association
<http://www.tsa.usa.org/>
 Tuberous Sclerosis:
<http://www.tsalliance.org>
 Williams Syndrome Association
<http://www.williams-syndrome.org/>

Assistive Technologies

Facilitated Communication Institute
 Syracuse University Research, Publications and Training
<http://soeweb.syr.edu/thefci>
 Assistive Technology Network
 Expanding the Accessibility of Resources for
 Californians <http://www.atnet.org>
 ISAAC - International Society for Augmentative and
 Alternative Communication <http://www.isaac-online.org>
 Alliance for Technology Access
<http://www.ataccess.org/>
 Assistive Technology
<http://www.assistivetech.com/>
 Closing the Gap
<http://www.closingthegap.com/>
 Virtual Assistive Technology Center
<http://www.at-center.com>

Cognitive and Developmental Disabilities

The American Association on Mental Retardation
<http://www.aamr.org/>
 The National Down Syndrome Society
<http://www.ndss.org/>

Deafness

AAC Institute
<http://www.aacinstitute.org/>
 IMPACT Home
<http://www.deafkids.org/>
 Deaf Information Center on Education/Deafness
<http://clerccenter.gallaudet.edu/>

Deafness (continued)

A Basic Guide to American Sign Language
www.masterstech-home.com/ASLdict.html

Miscellaneous Websites

America Diabetes Association
<http://www.diabetes.org>
 Brave Kids—Community Resources for Special Needs
 Children
<http://resources.bravekids.org>
 Inclusive Childcare
<http://www.caininclusivechildcare.org/>
 Children's Medical Library
<http://www.childmedlib.org/>
 Inclusive Childcare
<http://www.caininclusivechildcare.org/>
 National Association of School Psychologists-NASP
<http://www.naspweb.org/>
 National Academy for Child Development
<http://www.nacd.org/>
 National Organization for Rare Diseases
<http://www.rarediseases.org/>
 PACER Center
<http://www.pacer.org/>
 Parents' Place
<http://www.parentsplacefrc.com/>
 Parent to Parent Support & Information System
<http://www.NPPSIS.org/>
 Sudden Infant Death Syndrome (SIDS)
 National Resource Center
<http://www.sidscenter.org>
 National SIDS Support Center @ First Candle
http://firstcandle.org/health/health_support.html
 National SIDS (IMPACT)
<http://www.sidsprojectimpact.com>

Vision

American Foundation for the Blind
<http://www.afb.org/>
 Family Connect
<http://www.familyconnect.org>
 InfantSEE
<http://www.infantsee.org/>
 National Association for Parents of Children with Visual
<http://www.spedex.com/napvi/>
 National Federation of the Blind
<http://www.nfb.org/>
 Recording for the Blind and Dyslexic
<http://www.rfbid.org/>

JULY-AUGUST-SEPTEMBER 2009 CALENDAR

The San Gabriel/Pomona PARENTS' PLACE ACTIVITIES

(626) 919-1091 or (800) 422-2022
e-mail: empower@parentsplacefrc.com

The San Gabriel/Pomona PARENTS' PLACE BOARD MEETING

Board Meetings are held once each month, usually between 10:00 am and 12:00 noon. Meetings are held at the PARENTS' PLACE Family Resource & Empowerment Center, 1500 S. Hyacinth Ave., Suite B, West Covina. Please call our office (626) 919-1091 for actual date and time.

The San Gabriel/Pomona PARENTS' PLACE Family Resource Center Advisory Council and the LOCAL INTERAGENCY COORDINATING AREA (LICA) meet every 2ND Thursday of each month from 9:00 am to 11:00 am at the San Gabriel/Pomona Regional Center. For information, call our office at (626) 919-1091.



REACH

Parent Support Group
the First Thursday of Each Month
7:00-8:30 pm
No Meetings in July & August

For more information, call Rachel Atencio at the PARENTS' PLACE (626) 919-1091

UPCOMING WORKSHOPS

IEP TRAININGS

No Meeting in July
Friday, August 28— 10am—12:00noon (English)
Friday, September 18— 10am—12:00noon (English)

IFSP/IPP TRAININGS

No Meeting in July or August
Friday, September 4, 2009 (English)

Facilitated by Office of Clients Rights Advocacy
(Disability Rights of California)

SAVE THE DATES!

Saturday, October 10, 2009—Español
Transición a la Escuela Pública

Coming in October
Parents' Place Annual Open House
(More Information in our Next Newsletter)

Saturday, October 24, 2009—English
Transition to Public School Workshop

Saturday, November 14, 2009
For Our 3rd Annual Transition Conference
(See Flyer Enclosed)

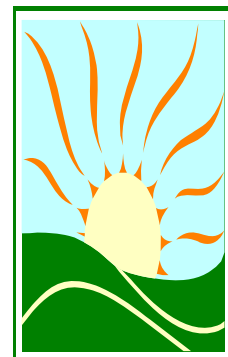
**PARENTS' PLACE LE INVITA A UNIRSE A
NUESTRO GRUPO DE APOYO EN ESPAÑOL NUEVO DÍA
CADA SEGUNDO MIERCOLES DE EL MES 10:00 a 11:30 am**

En Agosto, no Grupo de Apoyo

Para Mas Informacion, llame a: *Elena Sanchez* a (626) 919-1091

PARENTS' PLACE Invites You to Attend our Spanish-
Speaking Support Group — NEW DAY
Held Every Second Wednesday of the Month 10:00 to 11:30 am
NO MEETING IN AUGUST

For More Information, call *Elena Sanchez* at (626) 919-1091



JULY–AUGUST–SEPTEMBER 2009 CALENDAR—CONTINUED

MISCELLANEOUS EVENTS/ CONFERENCES SCHEDULED

(For detailed information on any of these events/
conferences, call (626) 919-1091

July & August: Camp Techie presented by TASK on Tuesdays & Thursdays in July & August in Anaheim, CA.

July 2: “Put Your IEP Under the Microscope,” by the Active Community Coalition, Justice in Education Clinic, held in Santa Ana, CA.

July 9-12: US Autism & Asperger Association 2009 International Conference, held in Los Angeles, CA.

July 27-31: “Tutoring People with Dyslexia,” held in San Francisco, CA.

July 31-Aug 2: 37th National Down Syndrome Congress convention, held in Sacramento, CA.

August 6: “Prepare Your Child to be a Self Advocate.” presented by Active Community Coalition, Justice in Education Clinic, held in Santa Ana, CA.

August 14-15: “Back to School,” Autism Aspergers Conference, with special 1-day Mini Dan Conference on Biomedical Treatments on Sunday August 16, held at Pasadena Convention Center, Pasadena, CA.

August 21: “Evaluating Efficacy and Safety,” presented by CAM (Complementary & Alternative Medicine), held in Sacramento, CA.

August 28-30: Camp Erin, Children & Teens Grief Support Camp, held at Brandeis-Bardin Campus in Simi Valley, CA.

Ongoing

Music Therapy by Gwendolyn Meier through Pasadena Child Development Associates in Pasadena, CA.

Monthly Partners for Transition Age Youth (TAY) meeting, Hathaway-Sycamore Child & Family Services, in Pasadena, CA.

San Gabriel/Pomona Regional Center Autism Training & Education Series. Call for Dates. Pomona, CA.

Cariño Partnerships for Families Collaborative 2009 Schedule, held in So. El Monte, CA. Call for dates.

Heartsaver CPR for Family & Friends, call for Information.

COMMUNITY INVOLVEMENT/ COLLABORATION OPORTUNITIES

Autism Society of America—Greater Long Beach/San Gabriel Valley Chapter ASA. P.O Box 15247, Long Beach, CA 90815-0247. Call (562) 943-3335 for dates and location of support meetings or information regarding Chapter activities.

East San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 6:30pm—8:30pm, at the ESGV SELPA office (across from Fairvalley School), 1400 Ranger Drive, Covina. For exact dates and information, call ESGV SELPA office (626) 966-1679.

Puente Hills SELPA Community Advisory Committee (CAC). CAC meetings normally held quarterly, 9:30a—11:30am, for Hacienda/Rowland USD’s. For exact dates and location information, call Puente Hills SELPA office (626) 964-7458.

Pasadena USD SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 7:00pm—9:00pm, at Pasadena First Church of the Nazarene (next to Field Elementary), 3700 E. Sierra Madre Ave., Room 112, Pasadena, CA 91107. Call for exact dates (626) 568-4531 and to reserve free childcare and translation.

West San Gabriel Valley SELPA Community Advisory Committee (CAC). CAC meetings normally held monthly, 7:00pm—9:00pm, at WSGV SELPA office, 159 E. Live Oak, Room 203, Arcadia, CA 91006. Call for exact dates and information (626) 254-9406.

AREA BOARD 10 Board of Directors Meeting – First Thursday of each month, 4:30pm. For location information, call (818) 543-4631, or check website for changes and agenda www.areaboard10.org.



JULY-AUGUST-SEPTEMBER 2009 CALENDAR - CONTINUED

REGIONAL CENTER (SG/PRC) Activities

909) 620-7722

Website: www.sgprc.com

Board Meeting: Held the fourth Wednesday of each month at 7:00pm. Location: SG/PRC. For further information, call Linda Derosiers at SG/PRC (909) 868-7512.

Chinese—Korean Parent Support Group: Call Maggie Lang at SG/PRC (909) 868-7526 for meeting times and dates.

P.A.T.H. (Parents Acting for the Handicapped): For details, call Joanne East at (626) 919-4983.

ALIANZA & LUCERO—Spanish-Speaking Parent Support Group: Meets second Thursday of each month. Call Violeta Escobar at (909) 868-7524.

Filipino Support Group: Contact Violeta Escobar at SG/PRC, (909) 868-7524, for information and details. Meeting held in English; however, most parents speak Tagalog.

SUPPORT GROUPS MISCELLANEOUS

Autism Society of America (ASA)—Greater Long Beach/San Gabriel Valley Chapter. Support group meetings held in West Covina. Call (562) 943-3335 for dates and exact location.

CH.A.D.D. – Foothill Chapter 920: 4th Friday of each month, 7:15-9:00pm, at The Frostig Center, 971 N. Altadena Drive, Pasadena. TEL: (626) 943-3100.

CPAD (Chinese Parent Assoc. for the Disabled) - San Gabriel, CPAD holds support group meetings and trainings for Chinese-speaking parents. Call Rose Wang (626) 202-4773 for dates and times. Hot Line: (626) 307-3837

SUPPORT GROUPS MISCELLANEOUS (Continued)

Down Syndrome Association of L.A., Pomona: Sub Group – “Up for Down.” Meets third Thursday every other month at 7:00-8:30pm. For information, call Carol Anten at (909) 268-6344.

Fiesta Educativa: Spanish-speaking Support Group for all Disabilities. Meets twice monthly on different topics. Call Laura Ruesga at (323) 221-6696 for dates, times and topics.

Foothill Autism Alliance: For information concerning upcoming meetings, time and place, please call (818) 66-AUTISM, or visit their website at www.foothillautism.org.

FUERZA – Spanish-speaking Support Group for Down Syndrome & Cerebral Palsy – Call (800) 200-4323 or (310) 391-7153.

Epilepsy Foundation of Los Angeles County – Call for date and time (310) 670-2870.

Parenting Premies—A 10-week educational support group held at San Antonio Hospital, for parents with recently—discharged premature babies, low birth weight babies or babies with special needs. Call Valerie Willis (909) 985-2811, Ext. 23677 for schedule and signup.

Pomona Valley Learning Disability Assoc. — Meetings held 3rd Thursday of each month, 6:30-9:00 p.m., at Claremont United Church of Christ, 233 W. Harrison Avenue, Claremont. For further info, Tel: (909) 621-1494, or PVLDA@aol.com.



San Gabriel/Pomona
Parents' Place
Family Resource & Empowerment

We're Fundraising!!!

You can help support Parents that have children and young adults with special needs

Please participate in any or all of our fundraising activities and a portion will go to **Parents' Place!**

1



Bring your empty inkjet & laser cartridges and used cell phones to our office so that we can recycle them.



Parents' Place has registered in the *Good Search Program*.

2

For every search you want to make on the internet:

- a) Go to: www.goodsearch.com
- b) Place your name in the favorite charity box. (we are listed as San Gabriel Pomona Parents Place) We also receive a percentage of all purchases when you use the "Good Shop" link
- All searches are done through Yahoo and we get credit every time you search.

All you need to do is add our number to your savings card.

3



- a) Go to: albertsonscp.com to sign-up or renew your link
- b) or sign up at your local store
- c) # 4 9 0 0 0 1 2 7 4 3 1 Our Organization Number

4



- a) Go to: myralphs.com—"click" community contribution
- b) Sign-in (right side of screen)
- c) Enroll, Complete steps 1-3
- d) # 8 4 7 5 5 Our Organization Number

!!Thank you for your Support!!

1500 S. Hyacinth Avenue Suite B, West Covina, CA 91791
(626) 919-1091 ** (626) 919-2784 Fax

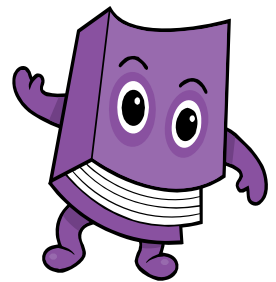
Website: www.parentsplacefrc.com ** E-mail: empower@parentsplacefrc.com



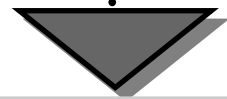
MORE NEW TITLES HAVE ROLLED INTO THE PARENTS' PLACE LIBRARY

Below is just a sampling of our new titles. More are coming!
 Stop in Anytime between 9:00am and 3:00pm to Join Our Book Club,
 Review our New Titles and Check Out Books...We'd Love to Say Hello!

The Gifted Kids Survival Guide for Ages 10 and under. Revised and updated
 An Activity Based Approach to Developing Young Children
 My Up & Down & All around Book
 The Children's Hospital of Philadelphia
 Hablando Nos Entendemos los dos Una Guia Practica para Padres de niños con Retraso en el Lenguaje
 Diagnostic Classification Of Mental Health (DC 0-3R)
 Dictionary of Developmental Disabilities
 Grade 3 Traits of Good Writing
 Grade 4 Traits of Good Writing
 Grade 5 Traits of Good Writing
 Grade 6 Traits of Good Writing
 Working with Analogies, 1, 2, 3 Set of three books
 DVD-See What I Mean: Differences between Deaf/Hearing
 DVD-Audism Unveiled DVD
 Exploring Feelings How to Reach and Teach Children
 The Ketogenic Diet: 4th edition
 Kids with Down Syndrome: Staying Healthy
 Seizures and Epilepsy in Childhood a guide, Third edition
 Survival Guide for College Students with ADHD
 Teaching Motor Skills To Children with Cerebral Palsy
 Think Social: A Social Thinking, Curriculum for School
 The Touchpoints DVD Series
 Married with Special Needs Children: A Couples' Guide
 Now I Get It! Fire Drills & Assembly. Social Stories
 Now I Get it! Getting Angry & Sharing. Social Stories that
 Now I Get It! Saying "Excuse Me," "Please" and "Thanks"
 Real Work for Real Pay: Inclusive Employment for People
 Retarded Isn't Stupid, Mom! Revised edition
 El asma en un minuto, Lo que usted necesita saber
 Attention Deficit Hyperactivity Disorder. What every parent should know
 Autism, Effective Biomedical Treatments.
 Autismo, Tratamientos Biomedicos Efectivos
 In Your Face The Fact About Your Features
 Cerebral Palsy, a complete Guide to Care giving. Second Edition
 Children with Asthma: A Manual for Parents. Second edition
 Children with disabilities. Sixth Edition
 Choices in Deafness A Parent's Guide to Communicate
 The Complete IEP Guide. How to Advocate for You
 DAN Recovery Children DVD
 DAN Conference Proceedings



Upcoming Workshop!



The San Gabriel/Pomona
PARENTS' PLACE
Family Resource & Empowerment Center

Save the Date!

NOVEMBER 14, 2009

“TRANSITIONING FROM HIGH SCHOOL”

What you need to know...

Brochure with registration details will be mailed in early October, but you can call to be certain your name is on our mailing list for this event. (626) 919-1091

Website: www.parentsplacefrc.com

E-mail: empower@parentsplacefrc.com

Proximo taller!



The San Gabriel/Pomona
PARENTS' PLACE
Family Resource & Empowerment Center

Guarde el día!

NOVIEMBRE 14, 2009

“TRANSICIÓN DESPUES DE LA PREPARATORIA”

Lo que usted necesita saber...

Boletín con los detalles de la registraci3n ser3 mandado por correo en los comienzos de Octubre, pero usted puede llamar para asegurarse de que su nombre est3 en nuestra lista de correos para 3ste evento.

(626) 919-1091

Correo electronico: www.parentsplacefrc.com

E-mail: empower@parentsplacefrc.com

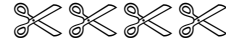
**The San Gabriel/Pomona
Parents' Place**
Family Resource & Empowerment Center
1500 S. Hyacinth Avenue, Suite B
West Covina, CA 91791-3832
(626) 919-1091

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RETURN SERVICE REQUESTED

YES, I would like to be added to The Parents' Place mailing list.
Si, me gustaria estar en la lista de correos de El Lugar de los Padres

Clip and Mail/Recortelo y Envíelo



Name/Nombre: _____

Address/Domicilio: _____

City/State/Zip: _____

Telephone #: (_____) _____ E-mail: _____
(Telefono)

Parent/Professional (Circle One) Agency: _____
Padre/Profesional (Circule uno) (Agencia)

Child's Disability: _____ Child's Birthdate: _____
(Discapacidad del Niño)

Primary Language: _____
Idioma Principal

Topics of Interest: _____
Temas que le Interesan

PARENTS' PLACE does not rent, sell, or exchange its mailing lists with any organization or individual. Your information is considered confidential and your privacy is respected!

The San Gabriel/Pomona PARENTS' PLACE Newsletter is a publication of the PARENTS' PLACE Family Resource & Empowerment Center. Views expressed in this publication are provided for your information and **are not** necessarily the views of the PARENTS' PLACE.

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